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What I become in my life is under my control. I am the factor that makes all the difference. I simply need to make a decision and take the appropriate action.

The decisions I make decide the course of my life. When I make a decision, I am plotting a course. Decisions choose the direction of my life.

A decision is a starting point for change. **It is the first step of taking control of my life.** It is the beginning of what I become in the future.

The actions I take create movement in my life. Decisions only create a direction for my focus. Actions actually create change. When I take action, I am respecting the decisions I make.

Neglecting to take action ensures that I remain stuck. I avoid leaving a decision without taking action. A decision is only a decision until it leads to action.

Today, I choose my future. I choose what I

become. I use the power of decisions to define the direction of my life. I use action to move in that direction. I choose what I become with my decisions and actions.

Self-Reflection Questions:

1. What do I want to become? What type of life do I want to live?
2. What do I need to make a decision about? What am I waiting for? Why haven't I made a decision yet?
3. What are three actions I need to take, but I have been avoiding? Why have I been stalling?

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